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## A REEXAMINATION OF THE COSMOLOGICAL BOUND TO THE NUMBER OF NEUTRINO FLAVORS

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### ABSTRACT

The predictions of the light element abundances produced primordially in the standard hot big bang cosmological model with three species of light neutrinos ( $N_\nu = 3$ ) is consistent with current observational data. If additional species of light neutrinos exist, additional  ${}^4\text{He}$  is produced primordially; consistency with observations of  ${}^4\text{He}$  leads to an upper bound to  $N_\nu$  which depends on the neutron half-life ( $\tau_{1/2}$ ), the nucleon - to - photon ratio (or, equivalently, the primordial abundances of deuterium and helium-3) and the primordial mass fraction of  ${}^4\text{He}$  ( $Y_p$ ). We reexamine the bounds to these quantities and reconfirm that  $N_\nu \leq 4.0$ .



## INTRODUCTION

The upper bound to the number of neutrino flavors imposed by primordial nucleosynthesis<sup>1)</sup> is one of the most impressive of the connections between particle physics and astrophysics revealed in recent years. This bound exists because the amount of  ${}^4\text{He}$  produced primordially increases with the addition of new species of particles which are relativistic during nucleosynthesis; too many light neutrinos leads to the production of too much helium-4. Observations, then, of  ${}^4\text{He}$  can be used to place an upper bound on  $N_\nu$ , the effective number of light neutrino species<sup>2)</sup>,

$$N_\nu = \sum_F' (g_F/2) (T_F/T_\nu)^4 + 8/7 \sum_B' (g_B/2) (T_B/T_\nu)^4. \quad (1)$$

In equation (1), F(B) are the fermion (boson) species which are relativistic at nucleosynthesis,  $T_F$  ( $T_B$ ) are their temperatures,  $g_F$  ( $g_B$ ) are the number of helicity states and  $T_\nu$  is the temperature of the "usual" (i.e.:  $e^-$ ,  $\mu^-$ ,  $\tau^-$ ) neutrinos ( $g_\nu = 2$ ); the primes indicate that electrons and photons are excluded from the sums. For the usual neutrinos  $N_\nu = \sum_F' (g_F/2) = 3$ . Comparisons between the predictions of big bang nucleosynthesis and the derived abundances of the light elements (D,  ${}^3\text{He}$ ,  ${}^4\text{He}$ ,  ${}^7\text{Li}$ ) lead to the conclusion<sup>2)</sup> that the "standard" case  $N_\nu = 3$  is consistent with all extant data; the data (barely) allows<sup>2)</sup>  $N_\nu = 4$  (i.e.:  $N_\nu \leq 4$ ).

This prediction<sup>1,2)</sup> of the "standard" hot big bang cosmology is close to being tested critically in accelerator experiments<sup>3)</sup>. Recent UA1 and UA2  $\bar{p}p$

collider data<sup>3)</sup> suggest that the number of light neutrinos coupled to the  $Z^0$  is limited to  $N_\nu < 5.4 \pm 1.0$ . For the connection between the laboratory and cosmological bounds, see reference 4. At the same time, there are phenomenological models based on  $E_6$ , motivated by the superstring which predict the existence of additional (right-handed) neutrinos which may be light<sup>5)</sup>. These models are insensitive to the laboratory bounds (since the  $\nu_R$  couple only through a new neutral gauge boson) but, they are severely constrained by the cosmological bound ( $N_\nu \leq 4$ ). The viability of such models<sup>5)</sup> relies crucially on the possibility of evading the cosmological bound (EENS, reference 5). With these important issues as motivation, we present here a critical reexamination of the cosmological bound to  $N_\nu$ .

#### THE COSMOLOGICAL BOUND TO $N_\nu$

The abundance of helium-4 produced primordially depends<sup>2)</sup> on  $N_\nu$ , on the nucleon-to-photon ratio  $\eta$  (at present,  $\eta_N/\eta_\gamma = \eta$ ;  $\eta_{10} \equiv 10^{10} \eta$ ) and, on the neutron half-life  $\tau_{1/2}$  (in the following,  $\tau_{1/2}$  is in minutes). The primordial mass fraction of  ${}^4\text{He}$  predicted by numerical evolution of the "standard" hot big bang model<sup>2)</sup> are well fit by<sup>6)</sup>

$$Y_p = 0.230 + 0.0111\eta\eta_{10} + 0.013(N_\nu - 3) + 0.014 (\tau_{1/2} - 10.6). \quad (2)$$

YTSSO<sup>2)</sup> have adopted  $10.4 \leq \tau_{1/2}(\text{min.}) \leq 10.8$  and conclude from a comparison of prediction and observations of the abundances of D,  ${}^3\text{He}$  and  ${}^7\text{Li}$  that it is likely that  $4 \leq \eta_{10} \leq 7$  although a somewhat larger range

( $3 \leq n_{10} \leq 10$ ) is still consistent with the data. As a result, for the "standard" case  $N_\nu = 3$ , the mass fraction of primordial  ${}^4\text{He}$  is predicted to lie in the range:  $(0.239) 0.242 \leq Y_p \leq 0.254 (0.258)$ , in excellent agreement with the range allowed by the observational data (YTSS0). For  $N_\nu = 4$ , the lower bound to  $Y_p$ , corresponding to  $n_{10} \geq 3$  and  $\tau_{1/2} \geq 10.4$  minutes,  $Y_p \geq 0.252$  (the more precise numerical result is  $Y_p \geq 0.253$ ; YTSS0), requires that  $Y_p$  is at the upper end of its allowed range (YTSS0).

It is difficult to determine  $n$  directly from observational data since it is not known how much of the "dark" matter in the Universe is nucleonic. Therefore, it is preferable to eliminate the  $n$  dependence from equation (2). Since the predicted primordial abundances of deuterium and helium-3 depend sensitively on  $n$  (and on  $N_\nu$ ),  $n$  may be replaced by the corresponding dependence of  $Y_p$  on  $y_{23p} \equiv [(D + {}^3\text{He})/H]_p$ , the primordial abundance (by number relative to hydrogen) of deuterium plus helium-3.<sup>6)</sup>

$$Y_p = 0.243 + 0.014[(N_\nu - 3) + (\tau_{1/2} - 10.6)] - 0.018 \log(10^4 y_{23p}). \quad (3)$$

$Y_p$  and  $y_{23p}$  are, in principle, derivable from observational data and, along with a knowledge of  $\tau_{1/2}$ , such data can be used to predict  $N_\nu$ .

$$N_\nu = 3 + (10.6 - \tau_{1/2}) + (Y_p - 0.243)/0.014 + 9/7 \log(10^4 y_{23p}). \quad (4)$$

In practice, however, there are - inevitably - uncertainties in the values of  $Y_P$ ,  $y_{23P}$  and  $\tau_{1/2}$  derived from observational and experimental data. Below, we review the current status of the relevant data and derive the allowed range of  $N_\nu$ , concentrating on the upper bound to  $N_\nu$ .

#### THE NEUTRON HALF-LIFE

In their reviews of the data, YTSSO and, more recently, Boesgaard and Steigman<sup>6)</sup> conclude that  $\tau_{1/2}$  lies in the range 10.4 - 10.8 minutes. In a survey of nuclear reactions, Filipone<sup>7)</sup> suggests  $\tau_{1/2} = 10.4 \pm 0.2$  min. The direct measurements<sup>8)</sup> of the neutron half-life range from  $\tau_{1/2} = 10.13 \pm 0.09$  (Bondarenko et al.), to  $\tau_{1/2} = 10.61 \pm 0.16$  (Christensen et al.), to  $\tau_{1/2} = 10.82 \pm 0.20$  (Byrne et al.). Since the result with the highest claimed accuracy is the most discrepant, it seems safest to take a straight (rather than weighted) average,

$$\tau_{1/2} \text{ (direct)} = 10.52 \pm 0.09 \text{ min.} \quad (5)$$

Another approach to determining the neutron half-life is to measure the ratio  $\lambda = |G_A/G_V|$  in neutron decay<sup>9)</sup>. Using the more recent result of Bopp et al.<sup>9)</sup> ( $\tau_{1/2} = 10.37 \pm 0.07$  min.), we derive for an unweighted average,

$$\tau_{1/2} \text{ (indirect)} = 10.49 \pm 0.07 \text{ min.} \quad (6)$$

A weighted average of the indirect data yields  $\tau_{1/2} = 10.44 \pm 0.05$  minutes. If we combine the direct and indirect determinations, we find

$$\tau_{1/2} \text{ (all data)} = 10.51 \pm 0.06 \text{ min.} \quad (7)$$

Had we taken a weighted average of all the data, the high weight of the results of Bondarenko et al<sup>8)</sup> leads to a smaller neutron half-life:  $\tau_{1/2} = 10.40 \pm 0.04$  minutes.

Until more accurate data is available, it is reasonable to adopt:  $10.4 \leq \tau_{1/2} \text{ (min.)} \leq 10.6$ . With  $\tau_{1/2} \geq 10.4$  minutes, equation (4) becomes

$$N_{\nu} (\tau_{1/2} \geq 10.4) \leq 3 + (Y_p - 0.240)/0.014 + 9/7 \log(10^4 Y_{23p}). \quad (4')$$

Note that if we had chosen a lower bound to  $\tau_{1/2}$  of 10.3 rather than 10.4 minutes, the change in (4') would have been to increase 3 to 3.1.

#### THE PRIMORDIAL HELIUM ABUNDANCE

From an extensive review of the literature, YTSSO concluded that there were no contradictions with the primordial helium abundance lying in the range:  $0.23 - 0.24 \leq Y_p \leq 0.25 - 0.26$ . Although YTSSO noted that Kunth's<sup>10)</sup> data on  ${}^4\text{He}$  in blue compact galaxies suggested  $Y_p < 0.254$ , they cautioned against taking the third significant figure too seriously. After a similar exhaustive review, Boesgaard and Steigman<sup>6)</sup> decided that all high quality data are consistent with  $Y_p = 0.24 \pm 0.02$ . They<sup>6)</sup> noted that

systematic - not statistical - uncertainties dominate the determination of  $Y_p$ . Following the lead of Pagel<sup>11)</sup> and Steigman<sup>12)</sup>, Boesgaard and Steigman<sup>6)</sup> used the data of Kunth and Sargent<sup>13)</sup> to derive:  $Y_p = 0.239 \pm 0.015$ ; this is consistent with the earlier estimate of YTSSO that  $Y_p \leq 0.254$ .

Recent work has suggested somewhat lower values for  $Y_p$ . In an extremely detailed study of the metal-poor object I ZW 18, Davidson and Kinman<sup>14)</sup> derive  $Y(\text{IZW18}) \approx 0.21 - 0.24$  but, they caution that the uncertainties in deriving  $Y_p$  from observations of a single object are large ( $\geq 0.01$ ). Pagel<sup>15)</sup> studies the helium versus oxygen correlation in highly ionized, low metal abundance (to minimize the corrections for unobserved neutral helium and for stellar produced helium) HII regions. Pagel<sup>15)</sup> derives  $Y_p = 0.235 \pm 0.004$ . We have no quarrel with the central value of  $Y_p$  found by Pagel<sup>15)</sup> however, we do believe the estimate of the uncertainty is unrealistically small. In a recent attempt to better extrapolate to the primordial abundance of  ${}^4\text{He}$ , Steigman, Gallagher and Schramm<sup>16)</sup> have studied the correlation between helium and carbon. They<sup>16)</sup> derive  $Y_p = 0.235$  in agreement with Pagel<sup>15)</sup>.

In sum, the best current data suggests  $Y_p \approx 0.24$  with an uncertainty ( $\Delta Y_p$ ) which may be as small as  $\pm 0.01$  but which could be as large as  $\pm 0.02$ . This conclusion is in complete accord with that of YTSSO. We emphasize that since systematic effects most likely dominate the uncertainties, the above estimates of  $\Delta Y_p$  are not to be regarded as a standard deviation. Rather, we simply conclude that - at present - the data is consistent with  $(0.22) 0.23 \leq Y_p \leq 0.25(0.26)$ . Although we favor the narrower range  $(0.23 - 0.25)$ , the

more conservative range (0.22 - 0.26) cannot be entirely excluded. Although we emphasize that third decimal place accuracy is likely illusory, for an upper bound to  $N_\nu$ , we will assume that  $Y_p \leq 0.254$ .

$$N_\nu(\tau_{1/2} \geq 10.4, Y_p \leq 0.254) \leq 4 + 9/7 \log(10^4 y_{23p}). \quad (4'')$$

### PRIMORDIAL DEUTERIUM AND HELIUM - 3

In a low density Universe less helium-4 but considerably more deuterium and somewhat more helium-3 are synthesized<sup>2)</sup>. Observations of interstellar and solar system deuterium (for a summary and references see ref. 6) provide a lower bound to the primordial abundance:  $y_{2p} = (D/H)_p \geq 1-2 \times 10^{-5}$ . Detailed models of chemical evolution are required to estimate how much of the primordial deuterium may have been destroyed in the course of galactic evolution. Most models<sup>17)</sup> suggest destruction by no more than a factor of 2-3. If, indeed,  $y_{2p} \leq 3y_{2obs} \leq 6 \times 10^{-5}$ , then<sup>2)</sup>  $y_{3p} \leq 1.5 \times 10^{-5}$  and  $y_{23p} \leq 7.5 \times 10^{-5}$ . With this value in equation(4'') we derive an upper bound of  $N_\nu \leq 3.8$ .

Some models of chemical evolution<sup>18)</sup>, however, suggest the possibility that much more primordial deuterium may have been destroyed. The analysis of the survival of helium-3 (YTSSO and reference 19) provides a valuable constraint on such extreme models. The point is that when deuterium enters a star it is burned to helium-3 but, in the course of stellar evolution, not all the helium-3 is destroyed. Therefore, in addition to the "normal" production

of  ${}^3\text{He}$  synthesized by incomplete H-burning in low mass stars<sup>20)</sup>, the present (or, presolar) abundance of  ${}^3\text{He}$  will have received a contribution from that  ${}^3\text{He}$  which came from prestellar D and which survived stellar burning. As YTSSO have shown, the present (or, presolar) abundances of D and  ${}^3\text{He}$  provide a constraint on the sum of the primordial abundances,

$$y_{23P} < y_2 + g_3^{-1} y_3, \quad (8)$$

where  $g_3$  is the fraction of  ${}^3\text{He}$  surviving stellar evolution. YTSSO estimated that  $g_3 \geq 1/4 - 1/2$  and, using solar system abundances, derived the constraint:  $y_{23P} \leq 6.2-10 \times 10^{-5}$ . Support for this bound is provided by the more detailed analysis of Dearborn, Schramm and Steigman<sup>19)</sup> who found that if attention is restricted to relatively massive stars ( $M > 8M_{\odot}$ ) - which are hotter and, therefore, destroy more  ${}^3\text{He}$  -  $g_3 \geq 0.22$ . For  $M \geq 3M_{\odot}$ ,  $g_3$  increases to  $\geq 0.4$ . With the constraint that  $10^4 y_{23P} \leq 0.6 - 1.0$ , the upper bound to the number of species of light neutrinos (or, their equivalent) becomes

$$N_{\nu} \leq 3.7 - 4.0. \quad (4''')$$

## DISCUSSION

In our reexamination of the relevant laboratory and observational data we have reaffirmed the conclusion<sup>2)</sup> that, at most, one extra species of light

neutrino (or, its equivalent) is permitted by considerations of primordial nucleosynthesis:  $N_\nu \leq 4$ . In achieving this bound we have adopted  $\tau_{1/2} \geq 10.4$  min.,  $Y_p \leq 0.254$  and,  $10^4 y_{23p} \leq 1$ . In stark contrast to our conclusion, EENS claim that  $N_\nu$  as large as 5.5 or even 6 is permitted by the data. Here, we trace the sources of this contradiction.

Instead of considering all the laboratory data<sup>8,9)</sup>, EENS derive a lower limit of  $\tau_{1/2} > 10.2$  min. from the results of Bopp et al<sup>9)</sup> ( $\tau_{1/2} = 10.37 \pm 0.07$  min.) and Bondarenko et al<sup>8)</sup> ( $\tau_{1/2} = 10.13 \pm 0.09$  min.) alone, despite the fact that these two results differ by  $\sim 3 \sigma$ . If we had chosen  $\tau_{1/2} \geq 10.2$  min. (instead of  $\tau_{1/2} \geq 10.4$  min.), our bound would have increased (from  $N_\nu \leq 4.0$ ) to  $N_\nu < 4.2$ .

For an upper bound to the primordial abundance of  ${}^4\text{He}$ , EENS adopt  $Y_p < 0.26$ . In our discussion we have chosen  $Y_p \leq 0.254$  but have emphasized the danger of trusting the third significant figure. Although we believe that current data strongly suggests  $Y_p \leq 0.25$ , we agree that  $Y_p$  as large as 0.26 can probably not be entirely excluded at present. If we had chosen  $Y_p \leq 0.260$  (and  $\tau_{1/2} > 10.2$  min.) our bound would have increased to  $N_\nu \leq 4.6$ .

It is quite clear that the major discrepancy between our result and that of EENS is directly traceable to their choice of a very large value for  $y_{23p}$ :  $y_{23p} < 50 \times 10^{-5}$  (to be compared to our bound of  $y_{23p} < 6-10 \times 10^{-5}$ ). There are several serious problems and inconsistencies with the EENS choice of such a large value of  $y_{23p}$ . In adopting  $y_{23p} < 5 \times 10^{-4}$ , EENS rely on the observation<sup>21)</sup> of  ${}^3\text{He}$  in the galactic HII region W3 (however, Rood et al<sup>21)</sup> actually quote  $y_3(W3) = 4 \times 10^{-4}$ ). Recent

reobservations of W3 and other sources<sup>21)</sup> have led to a drastic revision of this result:  $y_3(W3) \approx 6 \times 10^{-5}$ . Support, therefore, for the large value of  $y_{23p}$  chosen by EENS has, thus, evaporated. In any case, the EENS interpretation of the data<sup>21)</sup> was internally inconsistent for the following reason. Large amounts of  $^3\text{He}$  are not produced primordially for reasonable choices of parameters (for  $n_{10} \geq 1$ ,  $y_{3p} \leq 4 \times 10^{-5}$ ). If, therefore, large abundances of  $^3\text{He}$  were observed they must reflect stellar production<sup>22)</sup> or, the burning of primordial deuterium. If stellar production dominates, the observations can not be used to derive the primordial abundance of  $^3\text{He}$ . If destruction of primordial D were responsible for a large observed abundance of  $^3\text{He}$ , the abundance of  $^3\text{He}$  should also be very large elsewhere, but it is not. For example, the presolar abundance of  $^3\text{He}$  is <sup>6)</sup>  $y_{3\odot} \approx 1.4 \pm 0.4 \times 10^{-5}$  and, for the 14 HII regions (including W3) observed by Bania et al<sup>21)</sup>,  $y_3 \leq 6 \times 10^{-5}$ . To reconcile the EENS interpretation with all the observational data would force one to a very contrived two-step scenario in which first deuterium is burned to helium-3 and next, the  $^3\text{He}$  is (almost) everywhere destroyed. Alternately, it might be assumed that where the observed abundance of  $^3\text{He}$  is small, the reason is that the deuterium hasn't been burned to  $^3\text{He}$ . In that case, most of the primordial D should have survived and the present abundance - in regions with a low abundance of  $^3\text{He}$  - should be close to the primordial abundance. But, the presolar and interstellar abundances of deuterium<sup>6)</sup> are also small, considerably smaller than the bound to  $y_{23p}$  adopted by EENS. In sum, where the primordial abundance of deuterium is very large, the presently

observed abundances of deuterium and/or helium-3 should also be large, which is not the case. Should future observations reveal an object with a large abundance of  $^3\text{He}$ , consistency with all the other data would point to stellar production<sup>22)</sup>. Not only is the observational support for the large upper bound to  $y_{23p}$  favored by EENS now lacking, such a large primordial abundance inferred from a single object is untenable in light of all the other  $^3\text{He}$  (and D) observations.

With our adopted upper bound of  $y_{23p} < 1 \times 10^{-4}$ , the limit to  $N_\nu$  (for  $\tau_{1/2} \geq 10.4$  min.,  $Y_p \leq 0.254$ ) is (see eq. 4''')  $N_\nu \leq 4.0$ . If, following EENS, we were to use  $\tau_{1/2} > 10.2$  min. and  $Y_p \leq 0.260$  we would find  $N_\nu \leq 4.6$ .

The above bounds on  $N_\nu$  constrain models<sup>5)</sup> based on the superstring which predict the existence of additional light neutrinos. For example, three families of light, right-handed neutrinos<sup>5)</sup> would increase  $N_\nu$  by,

$$\Delta N_\nu = 3(T_{\nu'} / T_\nu)^4. \quad (9)$$

For  $\Delta N_\nu \leq 1.0(1.6)$ ,  $T_{\nu'} / T_\nu \leq 0.76(0.85)$  so that the "new" neutrinos ( $\nu'$ ) must have decoupled earlier than the "usual" neutrinos ( $\nu$ ). The entropy transferred to the  $e^\pm$  and  $\gamma$  subsequent to  $\nu'$  decoupling is reflected in the ratio of the number of photons in a comoving volume at present ( $N_{\gamma 0}$ ) to that at decoupling ( $N_{\gamma d'}$ )<sup>23)</sup>.

$$N_{\gamma 0} / N_{\gamma d'} = 11/4 (T_\nu / T_{\nu'})^3 = 11/4 (3 / \Delta N_\nu)^{3/4} \quad (10)$$

For  $\Delta N_\nu \leq 1.0(1.6)$ ,  $N_{\gamma 0}/N_{\gamma d}' \geq 6.3(4.4)$ ; from OSS<sup>23)</sup> it follows that,  $T_d' \geq 150(100)\text{MeV}$ .

If  $T_d$  is the temperature at which the usual (left-handed) neutrinos decouple and  $\sigma$  ( $\sigma'$ ) the  $\nu$  ( $\nu'$ ) cross section, then  $T_d'$  and  $T_d$  are related by<sup>23)</sup>

$$T_d'/T_d \approx (g_{d'}/43/4)^{1/6} (\sigma/\sigma')^{1/3}, \quad (11)$$

Where  $g_{d'}$  is the effective number of relativistic degrees of freedom at decoupling (i.e.:  $\rho_{TOT}(T_d') = (g_{d'}/2) \rho_\gamma(T_d')$ ); for  $\nu$ ,  $g_d = 43/4$ ). For the usual neutrinos, neutral current weak interactions lead to decoupling at<sup>24)</sup>  $T_d \approx 3.5$  MeV. Thus, for  $\Delta N_\nu \leq 1.0(1.6)$ ,  $\sigma'/\sigma \leq 2.1 \times 10^{-5}$  ( $6.2 \times 10^{-5}$ ).

For the model of EENS,  $\sigma'/\sigma = \alpha'/\alpha$  where  $\sigma = \alpha T^2$ . For  $T_d \approx 3.5$  MeV,  $\alpha \approx 5.7 \times 10^{-11} \text{ GeV}^{-4}$  so that our bounds  $\Delta N_\nu \leq 1.0(1.6)$  correspond to  $\alpha' \leq 1.2 \times 10^{-15}$  ( $3.5 \times 10^{-15}$ )  $\text{GeV}^{-4}$ . In the EENS model the extra light neutrinos couple only through a new gauge boson  $Z'$ . Our limits on  $\alpha'$  translate (see EENS) into lower bounds to the  $Z'$  mass:  $M_{Z'} \geq 500(400)$  GeV and to the ratio of Higgs vevs:  $x/v \geq 7(6)$ .

#### SUMMARY

We have reexamined the cosmological bound to the number of equivalent species of light neutrinos provided by primordial nucleosynthesis. For the "standard" hot big bang model with  $N_\nu = 3$ , the observed abundances are best

fit<sup>6)</sup> by a nucleon-to-photon ratio in the range:  $4 \leq \eta_{10} \leq 7$ . In concert with our estimate from laboratory data<sup>8,9)</sup> that the neutron half-life is in the range:  $10.4 \leq \tau_{1/2} \leq 10.6$  minutes, the standard model predicts a primordial mass fraction of  ${}^4\text{He}$  in the range:  $0.239 \leq Y_p \leq 0.251$ . The standard model predictions are, thus, consistent with the observed abundances<sup>6)</sup>.

Additional species of light neutrinos lead to additional production of primordial  ${}^4\text{He}$ .  $N_\nu$  is bounded from above if the predictions of big bang nucleosynthesis are to be consistent with the observed abundances of the light elements. For  $\tau_{1/2} \geq 10.4$  minutes,  $Y_p \leq 0.254$  and  $y_{23p} \leq 1 \times 10^{-4}$  we find:  $N_\nu \leq 4.0$ ; at most, only one additional species of light (equivalent) neutrino is permitted. If, following EENS, we were to choose  $\tau_{1/2} \geq 10.2$  minutes and  $Y_p \leq 0.260$ , our bound would increase to  $N_\nu \leq 4.6$ . Each of these bounds is considerably more stringent than the estimate by EENS of  $N_\nu \leq 5.5-6$ . We have traced their excessively weak upper bound to the inconsistent value of  $y_{23p}$  adopted by EENS. Current laboratory and observational data, then, lead to the bound  $N_\nu \leq 4.0$ . This bound severely constrains models with additional species of light neutrinos.

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